

RIS FELLOWSHIPS INTERNSHIP

Our goal is to offer internships to talented young individuals from EIT RIS countries. By doing so, we hope to facilitate brain circulation and promote the development of innovative personnel. We believe that by supporting the creation and dissemination of high-quality knowledge, skills, competencies, and solutions, we can address the challenges facing the food system and enhance scientific impact.



Throughout the recruitment process, we are searching for passionate and driven young individuals who are currently pursuing or have completed higher education. Upon returning to their EIT RIS countries, we hope these individuals will ignite a wave of entrepreneurial innovation and bolster the development of the local agri-food ecosystem.

RIS Fellowships

Programme dedicated to BSc graduates, MSc students, graduates, and young entrepreneurs. As a participant, you will have the opportunity to apply your academic knowledge in a practical work context and drive entrepreneurial innovation in your home country.

RIS Talents

Programme dedicated to doctoral students and young postdocs. As a participant, you will benefit from the lessons learned in your own academic research and be encouraged to engage in industrial collaboration or entrepreneurship.

Get the benefits!



Take advantage of **3-6 months of mentorship**



Develop **job-related** competencies.



Gain hands-on **experience among** the food industry's top players.



Get an **800 -2000€ /** month grant.



Expand your **networking**. Make an **impact!**



Know and learn about other ways of **working and discuss** from a different point of view

Who is eligible?

Candidate is a citizen of the EIT- RIS countries or regions*;
Is a BSc graduate, student or graduate of MSc (RIS Fellowships); Ph.D. student or post-doc (RIS Talents);

*Detailed list of EIT RIS countries available on:
<https://eit.europa.eu/activities/eit-regional-innovation-scheme-ris-closing-innovation-divide-europe>



- **Has an interest in the agri-food sector;**
- **Demonstrates a proactive attitude and passion for extracurricular activities**
- **Is eager to gain new experience and self-motivated in developing skills**
- **Possesses analytical skills, is open-minded, goal-oriented, and a team player**
- **Has excellent English language proficiency and is comfortable working in an international environment**
- **Is available for a minimum of 3 months**

Timing and Process



Fill out the **RIS Fellowships application form** (BSc/ MSc) or **RIS Talents** application form (Ph.D.) and upload **inute self-video** - **March 2025**.



Participate in the online workshop (RIS Fellowships only). Selected candidates will be invited to take part in a recruitment workshop, solving group case studies - **in May 2025**.



Attend online interviews. Only selected candidates will be invited to interviews with host organisations. The final list of interns will be published on the project website - **in June 2025**.



Enjoy the internship! (July-December 2025)

Find out more information > eitfoodrisfellowships.eu
Contact us: mczerniakowska@wz.uw.edu.pl



We experience the world!

“We get hands-on experience”

“We learn Critical thinking, Problem solving & Communication Skills”

“We discover new cultures”

#RISFellowships



What our interns say

EIT Food RIS Fellowships AL

Develop your talent with top agri-food players during a 3-6 months paid internship in the EU!

